CHALLENGES AND SOLUTIONS IN HILL ROAD CONSTRUCTION: INDIAN EXPERIENCES





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INTERNATIONAL CONFERENCE ON "NEW TECHNOLOGIES AND SUSTAINABLE MATERIALS IN CONSTRUCTION OF RURAL ROADS (LOW VOLUME ROADS) AND BRIDGES"

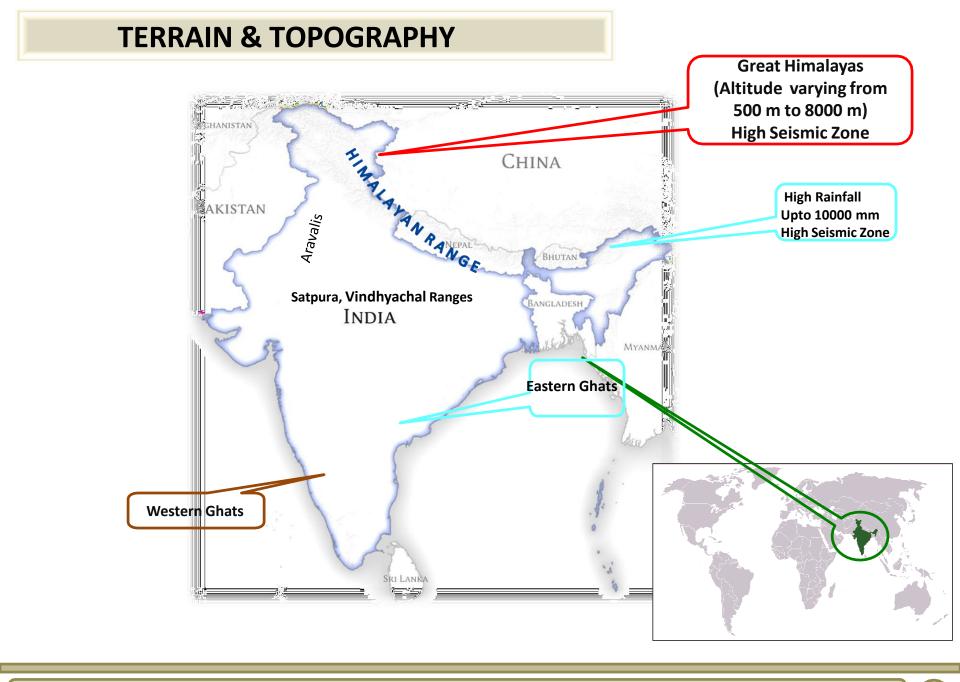
Pragati Maidan, New Delhi, 04th -06th May 2022

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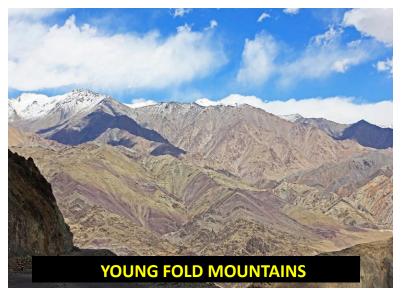
- Background
 - Terrain & Topography
 - Challenges
- Pavement design and construction
- Sustainable technologies to tackle Challenges
- Case studies







TERRAIN & TOPOGRAPHY









- Northeastern and lower Himalayan region (altitude upto 8000 ft)
- Annual rainfall up to 10 m coupled with cloud bursts
 - Thick vegetation cover and wild life
 - Land slides, shooting boulders and rock falls
 - Sinking zones





- Formation cutting in saturated slopes
- Road alignment along the rivers more vulnerable to bank erosion
- Wearing course of bituminous pavements remains continuously wet for a long period





- ➤ Difficulty in execution of bituminous works
 - Less working period due to heavy rain fall
 - High percentage of entrapped moisture in aggregate
- ➤ Non availability of quality aggregates
 - Large lead for quality aggregates





- ➤ Middle and Upper Himalayas (altitude beyond 8000 ft)
 - Extreme Cold Condition and low temperature up to (-) 50° C
 - Formation of Permafrost
 - Closure of roads during peak winter season
 - Wearing course of bituminous pavements gets damaged due to snow clearance by tracked equipments and vehicles





- >Loss in efficiency of man and machinery
 - Less oxygen content in rarefied air
 - Frost bite, breathlessness, hypertension and mountain sickness
 - Conventional type of fuel not suitable for machineries
 - Engine get blocked in subzero temperature





- Difficulty in induction of equipments to work sites and assembling them
- Freezing and thawing action of bituminous pavements
- Formation of ice lenses in granular layers
- Transverse cracks in bituminous pavements due to thermal stresses
- ➤ Eco sensitive zones
- ➤ Wild life sanctuaries and national parks

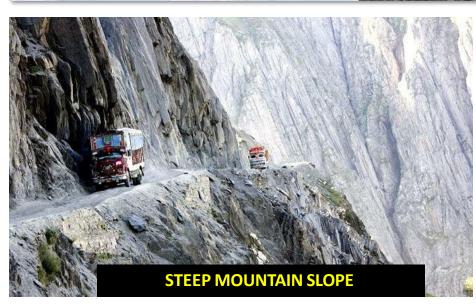
AIR LIFTING OF COMPRESSOR























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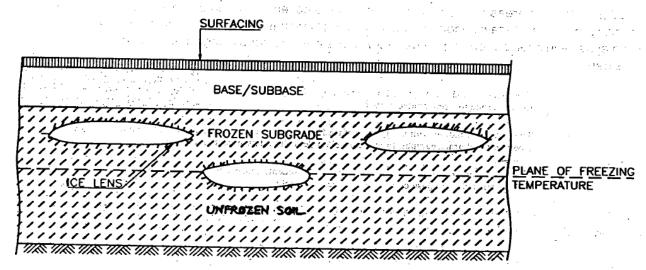
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PAVEMENT DESIGN IN HIGH ALTITUDE AREAS

- > Pavement design methodology- Subgrade strength and Traffic
- ➤ Pavement subjected to
 - Heavy snowfall
 - sub zero temperature
 - frost action
 - snow drifts and snow avalanches
 - Large variation in day and night temperature



Source: IRC:SP:48-1998 (Hill Road Manual)

PAVEMENT DESIGN IN HIGH ALTITUDE AREAS

> Factors influencing design of pavements

PLAINS	HIGH ALTITUDE				
Subgrade strength	Terrain and Topography				
Traffic Intensity	Snowfall Intensity and avalanches				
Traffic growth	Temperature variation				
Axle load	Frost action				
Design life	Limited working period				
	Subgrade strength				
	Traffic Parameters				





PAVEMENT DESIGN IN HIGH ALTITUDE AREAS

- ➤ Minimum thickness of pavement (565 mm)provided to reduce the effect of frost action
- ➤ Softer grade of bitumen used VG-10
- Cutback / cationic emulsions also used

PAVEMENT SECTION IN PLAINS

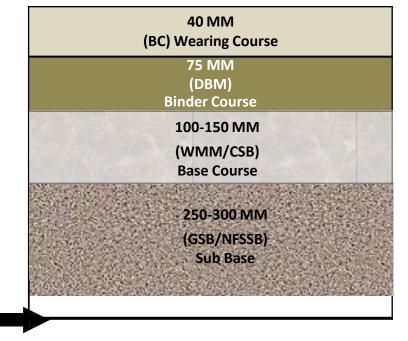
25-50 MM (BC) Wearing Course 50-140 MM (DBM) **Binder Course** 250 MM (WIMM) Base-Course

Subgrade

Tentative guidelines for design of flexible pavements

Source: IRC:37-2018

PAVEMENT SECTION IN HIGH ALTITUDE



Source: IRC:SP:48-1998 (Hill Road Manual)

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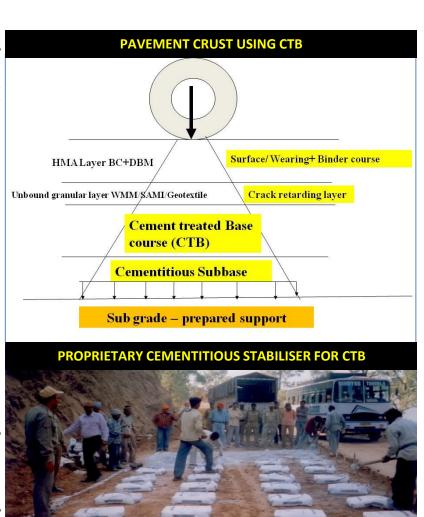
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CEMENT TREATED BASES (CTB)

- ➤ CTB -intimate mixture of soils and/or aggregates with Portland cement and water
- ➤ Mixed in situ or in a central plant using selected material
- ➤ Chemical additive compounds are available in market
- ➤ Used as per site conditions after characterizing the available material or aggregate to ensure proper dosage of stabilizing agent



CEMENT TREATED BASES (CTB)

ADVANTAGES

- ➤ Thinner pavement section, stiffer subbase and base
- ➤ Lowers life cycle cost
- Effective in heavy rainfall areas where pavement is wet throughout the year
- > IRC:SP- 89 (Part II)-2018 "Guidelines for design of stabilised pavements (Part II)"
- ➤ IRC:37-2012 "Tentative Guidelines for Design of Flexible Pavements" advocate use of CTB in the interest of saving the environment



CEMENT TREATED BASES (CTB)









GEOSYNTHETICS

Synthetic materials manufactured for Geotechnical and geo environment engineering application

Geotextiles

Geogrids

Geonets

Geomembranes

Geoweb / Geo Cells

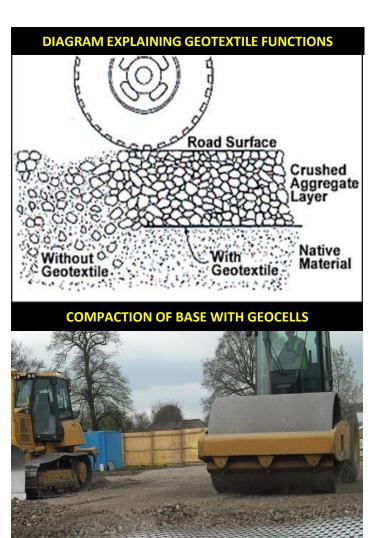
Band drains



GEOSYNTHETICS

ADVANTAGES

- ➤ Distribute direct load coming from wheel
- ➤ Provide strength to weak subgrade soils
- > Enhances drainage performance
- Effective in sinking zones & weak subgrade stretches in hills
- > IRC:SP:59-2019 "Guidelines for Use of Geotextiles in Road Pavements and Associated Works"
- ➤ IRC:37-2018"Tentative Guidelines for Design of Flexible Pavements" advocate use of Geosynthetics

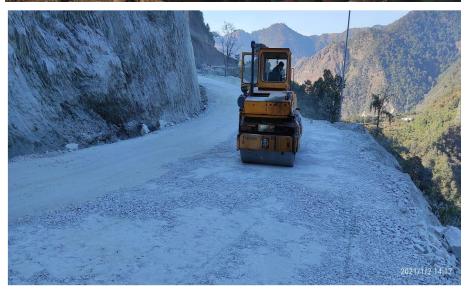


GEOSYNTHETICS









PAVEMENT COMPOSITION FOR 5 MSA: FLEXIBLE Vs GEOCELL

(%) (mm) (mm) (mm) (mm) (mm) (mm) Thickness (mm) Bitumen layer (mm) 2 Conventional Layer 200 - 350 95 40 685 (-) 110 (-) 35 3 Geo Cell - 200 275 60 40 575 (-) 140 (-) 15 4 Conventional Layer 200 - 300 75 40 615 (-) 140 (-) 15 4 Conventional Layer 200 - 200 70 40 510 (-) 95 (-) 20 5 Geo Cell - 150 175 50 40 415 (-) 95 (-) 20 5 Conventional Layer 150 - 200 60 40 450 (-) 70 (-) 10 6 Geo Cell - 150 150 50 30 380 (-) 45 (-) 20 7 Geo Cell - 100 150	CBR	Type of Design	Pavement Composition (mm)						Reduction in	Reduction
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Geo Cell - 100 150 50 30 330 \\ Conventional Layer 150 - 150 50 30 380 \\ (-) 50	9	Conventional Layer	150	-	150	50	30	380	(-) 50	-
(-) 50		Geo Cell	-	100	150	50	30	330		
(-) 30 -	10	Conventional Layer	150	-	150	50	30	380	() 50	-
Geo Cell - 100 150 50 30 330 (755)		Geo Cell	-	100	150	50	30	330	(-) 50	

COLD MIX

Cold mix technology-mixture of bitumen emulsion/foamed bitumen and aggregate

➤ Prepared in a concrete mixer or cold mix plant or a modified hot mix plant.

ADVANTAGES

- Suited for construction of roads in remote, isolated and cold climate areas with minimum logistic support
- ➤ Alleviates problem of temperature in cold and hilly areas





COLD MIX





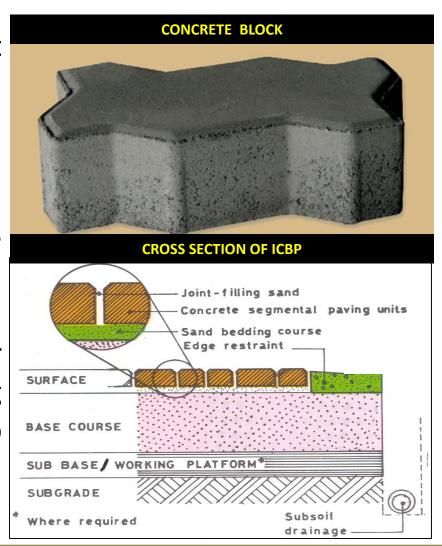




Challenges and Solutions in Hill Road construction: Indian Experiences

INTERLOCKING CONCRETE BLOCK PAVEMENT (ICBP)

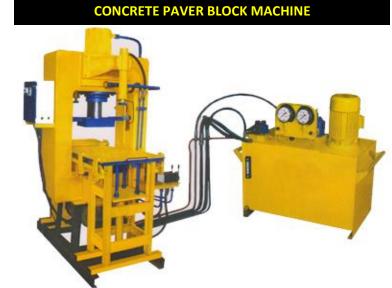
- ➤ Consists of a layer of cement concrete paver blocks (CPB)
- ➤ Properly laid over well compacted bedding sand laid over soil subgrade, sub-base and / or base course
- Adequate lateral confinement or support be ensured by providing suitable edge strip or beam or kerb at the end of paved area

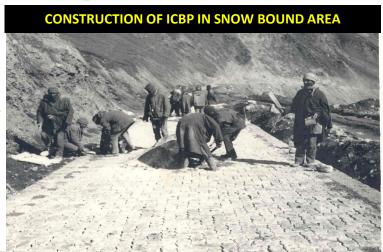


INTERLOCKING CONCRETE BLOCK PAVEMENT (ICBP)

ADVANTAGES

- ➤ Eco-Friendly Technology
- > No effect of climate for construction.
- ➤ No Need for Site Curing- Instant
 Opening to Traffic
- ➤ Highly effective in Snow Bound Areas
- ➤ IRC:SP-63-2018 "Guidelines for the use of Interlocking Concrete Block Pavement"
- > IS 15658:2021 "Precast Concrete Blocks for Paving
 - Specification"





INTERLOCKING CONCRETE BLOCK PAVEMENT (ICBP)

















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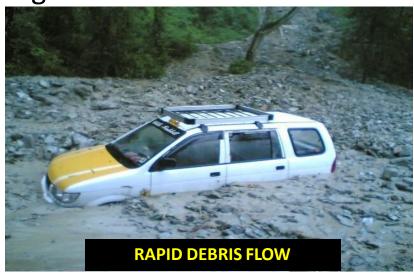


CASE STUDY 1

CONSTRUCTION OF CUT AND COVER TUNNEL FOR MITIGATION OF PERPETUAL LAND SLIDE

- >Active rock cum debris perpetual slide
- >Rapidly moving slurry water with mud, rock, vegetation & debris
- ➤ Height of crown of slide from road surface- 400 m
- ➤ Length of road affected by slide -120 m
- ➤ Breach of road communication during monsoons

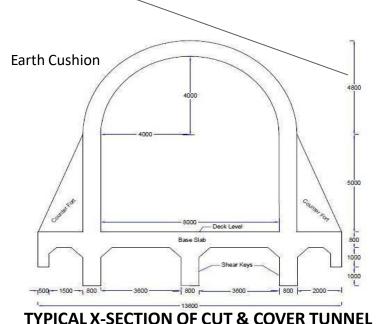




CONSTRUCTION OF CUT AND COVER TUNNEL FOR MITIGATION OF PERPETUAL LAND SLIDE

- > Salient features of cut & cover tunnel structure
- •Concrete structure 800 mm thick, M 30 grade
- •Base width -13.5 m
- Shear keys, Counter forts at every 5 m

- 123 m length
- 4 m dia semi circular roof
- Tunnel Height 9 m
- Carriageway width 8 m





CONSTRUCTION OF CUT AND COVER TUNNEL ACROSS PERPETUAL LAND SLIDE









CONSTRUCTION OF CUT AND COVER TUNNEL ACROSS PERPETUAL LAND SLIDE



CASE STUDY 2

RESTORATION OF LINE OF COMMUNICATION AFTER FLASH FLOODS

- >A village in in upper Himalayas hit by Flash flood in Feb 2021
- Two Hydel projects and one 90 mtr major bridge demolished
- ≥13 villages cut off, 200 killed or missing
- ➤ Connectivity restored in 26 days by launching a Bailey Bridge 200ft (TDR). Appx cost -3.50 Crs







VIDEO CLIP OF BRIDGE WASHED OUT

RESTORATION OF LINE OF COMMUNICATION AFTER FLASH FLOODS









RESTORATION OF LINE OF COMMUNICATION AFTER FLASH FLOODS















JAI HIND



